

# Chiropractic Case History/Patient Information

Date: \_\_\_\_\_ Patient # \_\_\_\_\_ Dr. Hielscher DC

Name: \_\_\_\_\_ Social Security # \_\_\_\_\_ Home Phone: \_\_\_\_\_

Address: \_\_\_\_\_ City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

E-mail address: \_\_\_\_\_ Fax # \_\_\_\_\_ Cell Phone: \_\_\_\_\_

Age: \_\_\_\_\_ Birth Date: \_\_\_\_\_ Race: \_\_\_\_\_ Marital: M S W D

Occupation: \_\_\_\_\_ Employer: \_\_\_\_\_

Employer's Address: \_\_\_\_\_ Office Phone: \_\_\_\_\_

Spouse: \_\_\_\_\_ Occupation: \_\_\_\_\_ Employer: \_\_\_\_\_

Names and Ages of Children: \_\_\_\_\_

Emergency Contact: \_\_\_\_\_ Address: \_\_\_\_\_ Phone: \_\_\_\_\_

How were you referred to our office? \_\_\_\_\_

Family Medical Doctor: \_\_\_\_\_

When doctors work together it benefits you. May we have your permission to update your medical doctor regarding your care at this office? \_\_\_\_\_

Please check any and all insurance coverage that may be applicable in this case:

- Major Medical    Worker's Compensation    Medicaid    Medicare    Auto Accident  
 Medical Savings Account & Flex Plans    Other

Name of Primary Insurance Company: \_\_\_\_\_

Name of Secondary Insurance Company (if any): \_\_\_\_\_

**AUTHORIZATION AND RELEASE:** I authorize payment of insurance benefits directly to the chiropractor or chiropractic office. I authorize the doctor to release all information necessary to communicate with personal physicians and other healthcare providers and payors and to secure the payment of benefits. I understand that I am responsible for all costs of chiropractic care, regardless of insurance coverage. I also understand that if I suspend or terminate my schedule of care as determined by my treating doctor, any fees for professional services will be immediately due and payable.

**The patient understands and agrees to allow this chiropractic office to use their Patient Health Information for the purpose of treatment, payment, healthcare operations, and coordination of care. We want you to know how your Patient Health Information is going to be used in this office and your rights concerning those records. If you would like to have a more detailed account of our policies and procedures concerning the privacy of your Patient Health Information we encourage you to read the HIPAA NOTICE that is available to you at the front desk before signing this consent. **The following person(s) have my permission to receive my personal health information:****

\_\_\_\_\_  
 Patient's Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Guardian's Signature Authorizing Care: \_\_\_\_\_ Date: \_\_\_\_\_

PATIENT NAME \_\_\_\_\_

DATE \_\_\_\_\_

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**HISTORY OF PRESENT AND PAST ILLNESS:**

Chief Complaint: Purpose of this appointment:\_\_\_\_\_

Date symptoms appeared or accident happened:\_\_\_\_\_

Is this due to: Auto\_\_\_ Work\_\_\_ Other\_\_\_\_\_

Have you ever had the same or a similar condition?  Yes  No If yes, when and describe:\_\_\_\_\_

Days lost from work:\_\_\_\_\_ Date of last physical examination:\_\_\_\_\_

**Average pain intensity: please circle**

Last 24 hours: no pain 1 2 3 4 5 6 7 8 9 10

Past week: no pain 1 2 3 4 5 6 7 8 9 10

**How often do you experience your symptoms? Please circle**

Constantly (76%-100% of the time) Frequently (51%-75% of the time)

Occasionally (26%-50% of the time) Intermittently (0%-25% of the time)

**How much have your symptoms interfered with your usual daily activities? Please circle**

1-not at all 2- A little bit 3-Moderately 4-Quite a bit 5- Extremely

**How is your condition changing, since care began at this facility? Please circle**

0-N/A-This is your first visit 1-Much worse 2-Worse 3-A little worse

4-No change 5-A little better 6-Better 7-Much better

**In general, would you say your overall health right now is...please circle**

1-Excellent 2-Very good 3-Good 4-Fair 5-Poor

Have you had any major illnesses, injuries, falls, auto accidents or surgeries? Women, please include information about childbirth (include dates): \_\_\_\_\_

Have you been treated for any health condition by a physician in the last year?  Yes  No

If yes, describe:\_\_\_\_\_

What medications or drugs are you taking?\_\_\_\_\_

Do you have any allergies to any medications?  Yes  No

If yes, describe:\_\_\_\_\_

Do you have any allergies of any kind?  Yes  No

If yes, describe:\_\_\_\_\_

Do you have any Congenital Condition? \_\_\_Yes \_\_\_ No If YES, Describe \_\_\_\_\_

Women: Are you pregnant?\_\_\_\_\_

# Pain Drawing

Name: \_\_\_\_\_

Date: \_\_\_\_\_

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## TELL US WHERE YOU HURT.

*Please read carefully:*

*Mark the areas on your body where you feel your pain. Include all affected areas. Mark areas of radiation. If your pain radiates, draw an arrow from where it starts to where it stops. Please extend the arrow as far as the pain travels. Use the appropriate symbol(s) listed below.*

Ache >>>>>

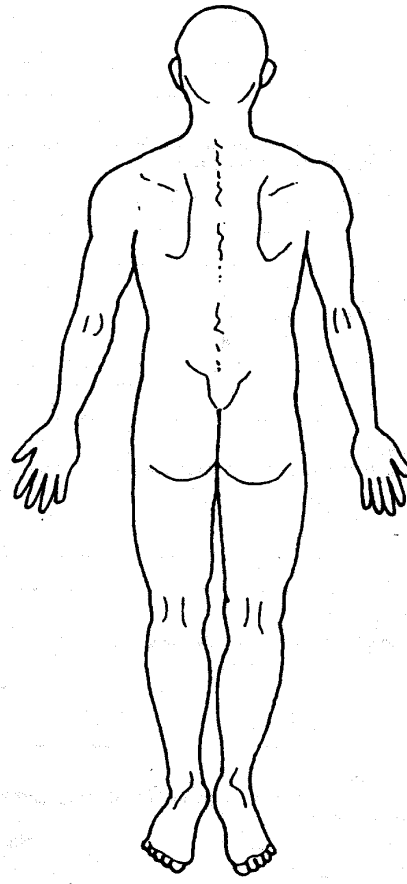
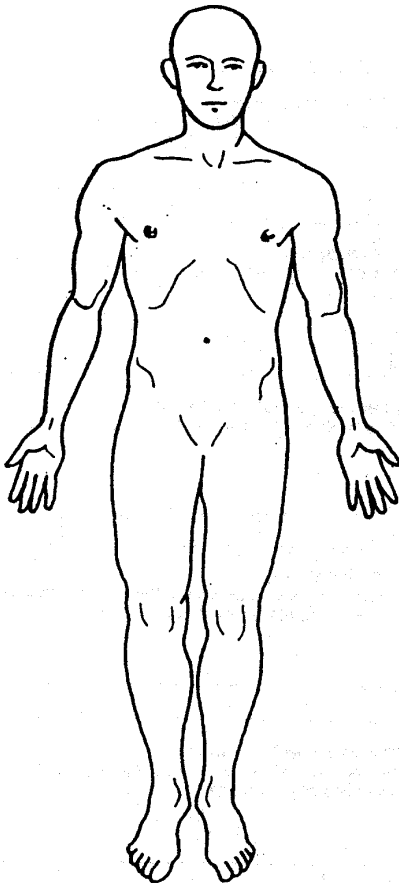
Numbness = = = = =

Pins & Needles o o o o

Burning x x x x

Stabbing / / / / /

Throbbing ~ ~ ~ ~ ~



0=No pain, 10=most severe pain

What is your current pain level: \_\_\_\_\_/10

What is your average pain level: \_\_\_\_\_/10

What is your worst pain level: \_\_\_\_\_/10

What is your lowest pain level: \_\_\_\_\_/10

PATIENT NAME \_\_\_\_\_

DATE \_\_\_\_\_

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Have you had, or do you now have any of the following symptoms/conditions? Please indicate with the letter **N** if you have these conditions **now** or **P** if you have had these conditions **previously**.

N= Now P= Previous

Breathing Problems	_____	Weight Loss/Gain	_____
Fatigue	_____	Ulcers	_____
Lights Bother Eyes	_____	Loss of Memory	_____
Ears Ring	_____	Buzzing in Ears	_____
Broken Bones/Fractures	_____	Circulation Problems	_____
Rheumatoid Arthritis	_____	Seizures/Epilepsy	_____
Excessive Bleeding	_____	Low Blood Pressure	_____
Osteoarthritis	_____	Osteoporosis	_____
Pacemaker	_____	Heart Disease	_____
Stroke	_____	Cancer	_____
Ruptures	_____	Coughing Blood	_____
Eating Disorder	_____	Alcoholism	_____
Drug Addiction	_____	HIV Positive	_____
Gall Bladder Problems	_____	Depression	_____
Headaches_____ Frequency _____		Loss of Balance	_____
Neck Pain	_____	Fainting	_____
Stiff Neck	_____	Loss of Smell	_____
Sleeping Problems	_____	Loss of Taste	_____
Back Pain	_____	Unusual Bowel Patterns	_____
Nervousness	_____	Feet Cold	_____
Tension	_____	Hands Cold	_____
Irritability	_____	Arthritis	_____
Chest Pains/Tightness	_____	Muscle Spasms	_____
Dizziness	_____	Frequent Colds	_____
Shoulder/Neck/Arm Pain	_____	Fever	_____
Numbness in Fingers	_____	Sinus Problems	_____
Numbness in Toes	_____	Diabetes	_____
High Blood Pressure	_____	Indigestion Problems	_____
Difficulty Urinating	_____	Joint Pain/Swelling	_____
Weakness in Extremities	_____	Menstrual Difficulties	_____

**SOCIAL HISTORY**

Please indicate beside each activity whether you engage in it:

OFTEN= "O" SOMETIMES= "S" NEVER= "N"

\_\_\_\_\_ Moderate Exercise

\_\_\_\_\_ Family Pressures

\_\_\_\_\_ Alcohol Use

\_\_\_\_\_ Other Mental Stresses

\_\_\_\_\_ Drug Use

\_\_\_\_\_ High Stress Activity

\_\_\_\_\_ Tobacco Use

\_\_\_\_\_ Other (specify)\_\_\_\_\_

\_\_\_\_\_ Caffeine

\_\_\_\_\_

PATIENT NAME \_\_\_\_\_

DATE \_\_\_\_\_

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**FAMILY HISTORY**

Please review the below-listed diseases and conditions and indicate those that are current health problems of the family member. Leave blank those spaces that do not apply. Circle your answers if your relative lives around this locality, as some hereditary conditions are affected by similar climate.

CONDITION	FATHER	MOTHER	SPOUSE	BROTHER(S)		SISTER(S)		CHILDREN	
	Age [ ]	Age [ ]	Age [ ]	Age [ ]	Age [ ]	Age [ ]	Age [ ]	Age [ ]	Age [ ]
Arthritis									
Asthma-Hay Fever									
Back Trouble									
Bursitis									
Cancer									
Constipation									
Diabetes									
Disc Problem									
Emphysema									
Epilepsy									
Headaches									
Heart Trouble									
HighBlood Pressure									
Insomnia									
Kidney Trouble									
Liver Trouble									
Migraine									
Nervousness									
Neuritis									
Neuralgia									
Pinched Nerve									
Scoliosis									
Sinus Trouble									
Stomach Trouble									
Other:									

If any of the above family members are deceased, please list their age at death and cause:

I certify the information provided is accurate to the best of my knowledge:

Name of Patient \_\_\_\_\_

Signature of Patient/Legal Guardian \_\_\_\_\_

Date \_\_\_\_\_

PATIENT NAME \_\_\_\_\_

DATE \_\_\_\_\_

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## About You

What are your hobbies?

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What are your Goals for care? Check what applies.

- Pain relief only
- Pain relief and correction of the problem(s)
- Pain relief, correction of the problem(s) and prevention in keeping the pain gone

Norco Chiropractic wishes to help as many people as possible to feel better, be able to do what they want and to be a resource and a healthcare provider that can be a trusted part of your team. We wish not to force any specific care on anyone and understand that healthcare is a personal choice that is influenced by time, money, pain, disability, convenience and lifestyle.

### **Dr. Wes' Promise to You**

It is my mission to thoroughly exam and diagnose you, to educate you on your problem(s), to illustrate what your options of care are and to help you understand what you need. I will be here for any level of care you decide to receive and promise not to abuse the privilege of being one of your Doctors. Please feel free to communicate anything to me that is on your mind, ask questions and be involved in your health with me